



## **SSSSC Award for Outstanding Clinical and Basic Sleep Research**

- 1. The Award:** The Swiss Society of Sleep Research, Sleep Medicine and Chronobiology (SSSSC) awards each year at its yearly convention two prices in the amount of CHF 1'000.-- each, for outstanding scientific achievements in clinical as well as basic research.
- 2. Eligibility:** Authors of a scientific publication in the field of clinical sleep research and sleep medicine, basic sleep and vigilance research as well as chronobiology. The article should be published or accepted for publication in the time period of two years preceding the submission deadline in an internationally renowned, peer-reviewed journal.
- 3. Conditions & Modalities:**
  - The applying author must be a researcher that was employed by a Swiss clinic or Swiss institution at the time when the work presented in the publication was performed. Moreover, a substantial part of the awarded research must have been performed within Switzerland.
  - Young authors who have not yet or have just recently habilitated or received their PhD, are favored.
  - The applying author or one of the co-authors must be member of the SSSSC.
  - Only researchers that have not previously received the SSSSC Award can be awarded. Researchers who co-authored a previously awarded publication, but who were not personally awarded the price (see next point), are eligible.
  - As a rule, the award is personally given to the first author of a scientific publication only. However, more than one author contributing equally to a publication (e.g. co-first authors) can be awarded. If more than one author applies, the names of all applicants should be explicitly stated in the cover letter (see below) as well as their respective contributions. The award money must be shared among all applicants.
  - In the written and oral appraisal of the awarded researcher(s), contributing but not awarded co-authors, as well as the affiliation have to be mentioned by name.
  - Two awards are attributed annually; one for clinical and one for basic research. The applicant must indicate for which category the publication should be considered. Splitting the price for basic or clinical research to award more than one paper per category is not allowed.
  - The awarded researcher or the senior author of the publication must be present at the award ceremony to be held during the yearly SSSSC convention and give a short, 10 min presentation about his / her work. If both the awarded researcher and senior author cannot receive the award in person at the award ceremony, the award will not be given.

4. **Evaluation:** The SSSSC Awards and Grants committee performs the evaluation of papers submitted for the award. Decisions made by the committee are definite. The possibility for appeal is only given in case of formal mistakes. The committee does not need to substantiate its rejections.

In case there are no applications for both or one of either category (clinical / basic), or in case no scientific paper submitted for the award qualifies for the price, the award decays for the respective year and category.

5. **When to send?** The call for applications and submission deadlines will be announced on the SSSSC website and by e-mail to the SSSSC membership.
6. **Where to send?** Applicants must submit a cover letter, CV, and the full publication as one PDF file to the SSSSC ([Yvonne.Senger@insel.ch](mailto:Yvonne.Senger@insel.ch)). Importantly, the applicant must specify in the cover letter for which of the two categories (basic or clinical) his or her publication has to be considered.

January 2026