



Borbély-Hess Fellowship

Prof. em. Alexander A. Borbély and Prof. em. Christian W. Hess, two world-renowned experts and pioneers in sleep research and sleep medicine, are the faces behind this fellowship. Both are founding members of our society and have very successfully promoted sleep research and sleep medicine both nationally and internationally.

With this fellowship the Swiss Society of Sleep Research, Sleep Medicine and Chronobiology (SSSSC) will support outstanding research proposals by new investigators in sleep research, sleep medicine, or chronobiology. The basis for evaluation of candidates is at least one publication in a peer-reviewed journal as first author and an employment (PhD student, Post-doc, MD in sleep research, sleep medicine or chronobiology) at a Swiss Institution. Original, small proposals are encouraged, which may be part of an already funded larger project, but need additional support. This could also include follow-up financing of a PhD or MD project.

The Borbély-Hess Fellowship will be awarded on a two-yearly basis to a maximum of one successful candidate. The awardee will be announced at the annual SSSSC meeting and receive the amount of CHF 16'000. Two years after receiving the fellowship, a Borbély-Hess Fellowship awardee session will be organized at the SSSSC annual meeting during which the outcome of the funded projects will be presented.

Who can apply?

Advanced PhD students, early post-docs, MDs at an early career stage with a proven interest in basic or clinical sleep research and chronobiology are encouraged to submit a proposal. The applicants should be member of a research group located at a Swiss University or 'A-Clinic of Sleep Medicine' in Switzerland <http://swiss-sleep.ch/wp-content/uploads/2020/09/Liste-Schlafzentren-Weiterbildungskompetenz-20062020.pdf>. Their academic supervision should be guaranteed and confirmed by the group leader.

What topics will be supported?

The proposed research project can focus on both more clinically and more basic research aspects and should be designed in such a way that it can be carried out within one year. The project could be part of a larger clinical or basic sleep/chronobiology study, where small side projects are envisaged, which are not financially covered by the main sponsor.

How many times can one apply?

The fellowship will be *ad personam* and can only be awarded once. Unsuccessful applications can be re-submitted.

Who will review the applications?


The SSSSC Awards and Grants committee will review eligible applications. The committee can decide not to award the fellowship in a given year in case the received applications are of insufficient quality. Decisions made by the committee are definite. The possibility for appeal (to the executive board) is only possible with respect to formal mistakes. The committee does not need to substantiate its rejections.



What, Where, When to submit?

The proposal cannot be longer than 5 pages and should comprise the aims and relevance of the envisioned work, methods used, potential outcomes, timeline of the work, and a budget. In addition, applicants must submit a cover letter, CV with a publication list, and a letter of support by the academic supervisor. All documents should be submitted as a single PDF file to the SSSSC secretariat (Yvonne.Senger@insel.ch). Submission deadline will be announced by e-mail in the call for applications and advertised on the SSSSC website.

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Antoine Adamantidis, President