

**Thursday, 22.08.2024**

8:30-10:00	Arrival and registration		Board meeting SSSSC
09:30-11:00	(1) Psychiatry, sleep insomnia	(2) basic, circadian rhythms	Insomnia workshop (CBT-I) Starting 09:30
11:00-11:30	Break		
11:30-13:00	(3) SNaNe	(4) AI & sleep	Insomnia workshop (CBT-I) Speakers : C. Zunzunegui, V. Reiss
13:00-14:00	Lunch break		
14:00-15:00	Official opening (Raphael Heinzer) Keynote lecture (Laura Lewis, USA)		
15:00-15:15	Break		
15:15-16:15	(5) Breathing-Dental Vol 1 focus on dental, sleep apnea, pediatric	(6) Data Flashes	
16:15-17:15	Break and Poster session		
17:15 – 18:00	Farewell talk Claudio Bassetti		
18:00 - 19:00	General assembly		
	Break		
From 19:30	Social evening at Schwellenmätteli		