



## **Borbély-Hess Fellowship**

Prof. em. Alexander A. Borbély and Prof. em. Christian W. Hess, two world-renowned experts and pioneers in sleep research and sleep medicine, are the faces behind our newly created fellowship. Both are founding members of our society and have very successfully promoted sleep research and sleep medicine in Switzerland and the rest of Europe.

This fellowship will support outstanding research proposals by new investigators in sleep research, sleep medicine or chronobiology. The basis for evaluation of candidates is at least one publication in a refereed journal as first author and an employment (PhD student, Post-doc, MD in sleep medicine) in a Swiss Institution. Original small proposals are encouraged, which may be part of an already funded project, but need additional support. This could also include follow-up financing of a PhD- or MD project.

Applications will be evaluated and rated by the Award's and Grant's committee of the SSSSC on a yearly basis. One successful candidate will be awarded at the annual SSSSC meeting with the amount of CHF 16'000.—

A Borbély-Hess fellowship awardee session will be organized on a two-yearly basis at the SSSSC meeting during which the outcome of the funded projects will be presented.

### **Who can apply?**

Advanced PhD students, early post-docs, MDs at an early career stage who are interested in basic or clinical sleep research in different areas of sleep medicine and chronobiology are encouraged to submit a 5-page proposal comprising the aims, methods, potential outcome and relevance of the intended work.

The applicants should be members of an independent research group located at a Swiss University or A-Clinic in Switzerland. Their academic supervision should be granted and confirmed by a PD or Prof.

### **What topics will be supported?**

The content of the work can focus on both more clinically and more basic research aspects and should be designed in such a way that it can be carried out within one year. It could also be part of a larger clinical or basic study, where small side projects are envisaged, which are not financially covered by the main sponsor.

### **How many times can one apply?**

The fellowship will be ad personam and can only be awarded once. Unsuccessful applications can be re-submitted.

### **Who will review the applications?**

The award committee and 2 independent reviewers (one clinical, one basic), chosen according to the content of the proposal.