



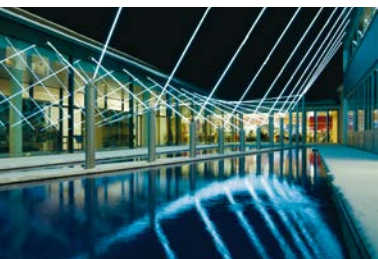
Annual Meeting Swiss Society for Sleep Research, Sleep Medicine and Chronobiology SSSSC 2013



May 23 / 24, 2013
Kultur & Kongresshaus, Aarau

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Dear Colleagues

We are pleased to invite you to the 2013 Annual Meeting of the Swiss Society for Sleep Research, Sleep Medicine and Chronobiology (SSSSC) that will be held in Aarau.

The 2013 SSSSC meeting will offer a forum of practical workshops, keynote lectures, free communications and plenary sessions to attract a broad audience of clinicians, basic researchers and sleep lab technicians.

Renowned national and international speakers will provide educational courses, comprehensive updates and insights into novel scientific topics covering various areas of pediatric, neurological, psychiatric and respiratory sleep medicine as well as aspects of chronobiology and basic sleep physiology.

Two keynote lectures will provide state of the art presentations on sleepiness and driving and introduce a novel inspiring hypothesis of sleep as a cellular phenomenon. In a plenary session "Crosstalk: sleep and society" we will have the chance to share studies from social sciences and education on classroom performances of school children between attention, standby and sleep.

Finally the role of light in the regulation of cognitive brain functions beyond the regulation of sleep and wakefulness will be highlighted in a series of fMRI and PET studies.

We are looking forward seeing you in Aarau and hope you will enjoy the attractive program of the meeting.

PD Dr. Ramin Khatami

The local organizing committee
and Chair of Scientific Committee of the SSSSC

Prof. Dr. Peter Achermann

President SSSSC

Program Day 1, Thursday, May 23, 2013

11.45	Arrival/Registration
12.15	Welcome
12.30	First round workshops
Workshop 1	RLS/PLMS <i>M. Manconi, Lugano</i>
Workshop 2	How to score sleep stages and arousals <i>E. Werth, Zurich</i>
Workshop 3	How to score respiratory events The impact of AASM 2013 criteria on the scoring of respiratory events <i>J. Haba-Rubio, Lausanne</i>
Workshop 4	How to improve adherence (telemedicine) in OSAS and adipositas hypoventilation syndrom <i>O. Schoch, St. Gallen</i>
Workshop 5	Sleepiness and driving: how would you decide? Presenting cases <i>J. Mathis, Bern</i>

13.30	Second round workshops
Workshop 1	RLS/PLMS <i>M. Manconi, Lugano</i>
Workshop 2	How to score sleep stages and arousals <i>E. Werth, Zurich</i>
Workshop 3	How to score respiratory events The impact of AASM 2013 criteria on the scoring of respiratory events <i>J. Haba-Rubio, Lausanne</i>



Workshop 4	How to improve adherence (telemedicine) in OSAS and adipositas hypoventilation syndrome <i>O. Schoch, St. Gallen</i>
Workshop 5	Sleepiness and driving: how would you decide? Presenting cases <i>J. Mathis, Bern</i>

14.30	Coffee Break
15.00	Keynote lecture: Sleepiness and driving Which test and which reference should we use? <i>P. Philip, Bordeaux (F)</i>
15.45	Pediatric sleep medicine <i>Chairs: S. Vella, M. Manconi</i>
	RLS in children <i>O. Bruni, Rome (I)</i>
	Arousals in children – age dependency of arousals (EEG and autonomic arousals) <i>C. Poets, Tübingen (D)</i>

16.45	Coffee Break
17.15	Main Session: local and global sleep <i>Chairs: R. Khatami, Barmelweid, P. Achermann, Basel</i>
	Local and global sleep during maturation <i>R. Huber, Zurich</i>
	Local and global sleep: intracranial recordings <i>L. Nobili, Milan (I)</i>
	Local and global sleep in sleep disorders <i>A. Mensen, Barmelweid</i>

19.30	Social Event SSSSC
	Dinner at the Kultur & Kongresshaus Aarau

Program Day 2, Friday, May 24, 2013

08.30	Arrival/Registration
9.00	Neurological and psychiatric sleep medicine <i>Chairs: U. Hemminger, St. Gallen</i> Sleep in dementia <i>C. Bassetti, Bern</i> Insomnia as a risk factor for depression <i>C. Niessen, Freiburg (D)</i> Circadian rhythms and interventions in psychiatric disorders <i>C. Cajochen, Basel</i>
10.15	Keynote lecture: Is sleep a cellular phenomenon? <i>M. Tafti, Lausanne</i>
11.00	Oral presentations
12.15	Lunch
12.15	General Assembly SSSSC
13.15	Poster viewing: guided tour
14.15	Main Session: crosstalk sleep and society <i>Chairs: S. Schwartz, Geneva, M. Manconi, Lugano</i> «I'm only sleeping». Classroom performances of schoolchildren between the status of attention, standby or sleep. <i>B. Althans, Trier (D)</i> Light as a modulator of cognitive brain functions <i>G. Vandewalle, Liège (BE)</i>
15.15	Coffee Break

15.45	Main Session: Low frequencies and very low frequencies during sleep <i>Chairs: R. Huber, Zurich, P. Achermann, Basel</i> Analysis of functional brain networks: From epilepsy to sleep <i>K. Schindler, Bern</i> NIRS slow oscillations during sleep <i>R. Khatami, Barmelweid</i> Periodic limb movements in sleep <i>M. Manconi, Lugano</i>
15.45	Main Session: Pneumology <i>Chairs: M. Kohler, Zurich, M. Frey, Barmelweid</i> Hypoglossus stimulation <i>J. T. Maurer, Mannheim (D)</i> PFO and OSAS <i>S. Ott, Bern</i> OSAS in women <i>R. Heinzer, Lausanne</i>
16.45	Awards and closing



Speakers and Chairs (in alphabetical order)

Achermann Peter	Zurich	Switzerland
Althans Birgit	Trier	Germany
Bassetti Claudio	Bern	Switzerland
Bruni Olivieri	Rome	Italy
Cajochen Christian	Basel	Switzerland
Frey Martin	Barmelweid	Switzerland
Haba-Rubio José	Lausanne	Switzerland
Heinzer Raphael	Lausanne	Switzerland
Hemmeter Ulrich	St. Gallen	Switzerland
Huber Reto	Zurich	Switzerland
Khatami Ramin	Barmelweid	Switzerland
Kohler Malcolm	Zurich	Switzerland
Manconi Mauro	Lugano	Switzerland
Mathis Johannes	Bern	Switzerland
Maurer Joachim T.	Mannheim	Germany
Mensen Armand	Barmelweid	Switzerland
Niessen Christoph	Freiburg	Germany
Nobili Lino	Milan	Italy
Ott Sebastian	Bern	Switzerland
Philip Pierre	Bordeaux	France
Poets Christian	Tübingen	Germany
Roth Corinne	Bern	Switzerland
Schindler Kaspar	Bern	Switzerland
Schoch Otto	St. Gallen	Switzerland
Schwartz Sophie	Geneva	Switzerland
Tafti Mehdi	Lausanne	Switzerland
Vandewalle Gilles	Liège	Belgium
Vella Silvano	Bern	Switzerland
Werth Esther	Zurich	Switzerland

Scientific Committee

Heinzer Raphael	Lausanne	Switzerland
Hemmeter Ulrich	St. Gallen	Switzerland
Huber Reto	Zurich	Switzerland
Khatami Ramin	Barmelweid	Switzerland
Manconi Mauro	Lugano	Switzerland
Ott Sebastian	Bern	Switzerland
Schwartz Sophie	Geneva	Switzerland
Vella Silvano	Bern	Switzerland

Call for Abstracts

Please send us abstracts by April 15, 2013.

Criteria for Abstracts

Authors

List all authors and their institutions

Title

Maximum of 250 characters (incl. spaces)

Abstract

Body: maximum of 2500 characters (incl. spaces), in English, structures in Background, Methods, Results, Conclusions

Figures / Tables

Maximum 1 figure or 1 table

Funding

At the end of the abstract, the funding of the study has to be indicated.

Requested format

Word (doc)

Please send your abstract by Email to

Béatrice Andelohr-Streule:

beatrice.andelohr-streule@upkbs.ch

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Organisation and Registration

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Website www.barmelweid.ch/veranstaltungen

Please register by April 30, 2013
(by using the registration form attached or on www.barmelweid.ch)

The fees for the workshops (CHF 70.– for the 2 workshops), and the social event (CHF 100.–/person, 50.–/students) have to be paid by bank transfer by April 30, 2013.

Bank Details

Name of Bank: Aargauische Kantonalbank, 5001 Aarau
Swift Code: KBAGCH22
IBAN Code: CH57 0076 1016 0126 7685 5
Account Holder: Klinik Barmelweid AG
Account Name: «SSSSC Schlafmedizin»



Kultur & Kongresshaus Aarau

Venue

Bus No. 1, 2, 4 from Aarau Main Station to the stop «Holzmarkt».



Kultur & Kongresshaus Aarau

Schlossplatz 9
CH-5000 Aarau
T +41 62 834 02 10
F +41 62 834 02 40

Hotels



Sorell Hotel Aarauerhof

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Phone +41 62 837 83 00
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www.aarauerhof.ch



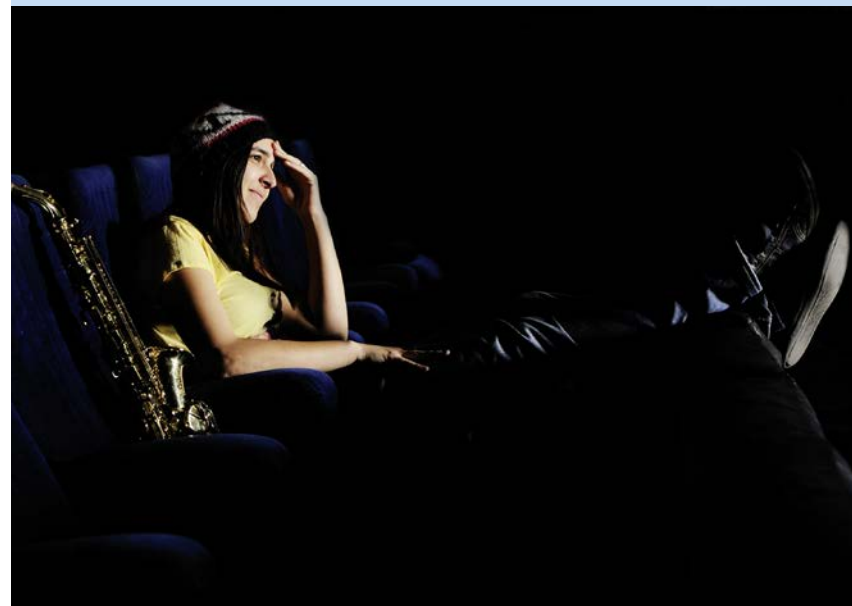
Sorell Hotel Argovia

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info@hotelargovia.ch
www.hotelargovia.ch

Social Event

Dinner with Music Sessions

Kultur & Kongresshaus Aarau, Schlossplatz 9, CH-5000 Aarau
T +41 62 834 02 10, F +41 62 834 02 40



Sarah Chaksad
www.sarahchaksad.ch

Sarah Chaksad, Alto Saxophon
Michael Baumann, Piano



Sarah Chaksad and Michael Baumann became acquainted with one another 5 years ago at the musical school in Basel and have been playing together in various groups ever since. As a duo they mainly play their own compositions and well known Jazz pieces. Their long history of working together has led to a great flexibility and openness for sharing ideas. The music will stir up dreams and is able to take the listeners on an exciting musical journey.



Registration Form

Please register by April 30, 2013, using this form or on www.barmelweid.ch/veranstaltungen

I will attend

- the Annual Meeting SSSSC
- the following 2 workshops (please indicate max. 1 in each column):

Round 1

- Workshop 1
- Workshop 2
- Workshop 3
- Workshop 4
- Workshop 5

Round 2

- Workshop 1
- Workshop 2
- Workshop 3
- Workshop 4
- Workshop 5

Fees (CHF 70.– for the 2 workshops), to be paid by bank transfer by April 30, 2013

Social Event SSSSC on Mai 23, 2013

CHF 100.–/person, CHF 50.–/student, to be paid by bank transfer by April 30, 2013

Title/Full Name:

ZIP Code/City:

Institution:

Mail:

Department:

Phone:

Address:

Date/Signature:

Please send to

Gaby Winkler-Schwarz, Klinik Barmelweid AG, Kompetenzzentrum für Schlafmedizin, CH-5017 Barmelweid
 Telefon +41 62 857 22 28, Fax: +41 62 857 22 25, Mail: gabriela.winkler@barmelweid.ch



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