WITH THE PATRONAGE OF:

Parkinson schweiz suisse svizzera

alzheimer Schweiz Suisse Svizzera

FONDAZIONE SYNAPSIS

WITH THE UNCONDITIONAL SUPPORT OF:

Eisai

hhc Human Health Care

Biogen

ORGANIZING SECRETARY

ESF
European Sleep Foundation
Fondazione Europea Sonno

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www.europeansleepfoundation.ch/event/think-tank-2021

ESF
European Sleep Foundation
Fondazione Europea Sonno

v 4.0 08/02/2021

DRAFT PROGRAM

WORLD SLEEP FORUM 2021

5th THINK TANK NEURODEGENERATION AND SLEEP

27-29 MAY 2021
VIRTUAL MEETING

THURSDAY, 27TH MAY 2021

PUBLIC KEY-NOTE LECTURES

14.00 Introduction - *C. Bassetti (CH)*

14.15 Effect of sleep on CSF amyloid
B. Lucey (US)

14.45 Sleep duration and cognition
A. Spira (US)

15.15 Local sleep and Alzheimer's disease
B. Mander (US)

15.45 Break

16.15-19.15 **WORSHOP 1 *(in parallel)***
BASIC MECHANISM OF NEURODEGENERATION RELATED TO SLEEP
Coordinator: S. Saxena (CH), B. Lucey (US)

16.15-19.15 **WORSHOP 2 *(in parallel)***
SLEEP DURATION, INSOMNIA AND OTHER SLEEP AND CIRCADIAN DISORDERS IN ALZHEIMER DISEASE
Coordinators: A. Spira (US), O. Franco (CH)

FRIDAY, 28TH MAY 2021

09.00-12.00 **WORSHOP 3 *(in parallel)***
SLEEP APNEA, COGNITION AND RISK OF DEMENTIA
Coordinators: I. Rosenzweig (UK), L. Ferini-Strambi (IT)

09.00-12.00 **WORSHOP 4 *(in parallel)***
REM SLEEP BEHAVIOR DISORDER IN PARKINSONISM AND DEMENTIA
Coordinators: A. Iranzo (ES), C. Trenkwalder (D)

12.00 Break

PUBLIC KEY-NOTE LECTURES

14.00 Introduction - *L. Ferini-Strambi (IT)*

14.15 Risk and predictors of dementia and parkinsonism in idiopathic REM sleep behaviour disorder - *A. Iranzo (ES)*

14.45 Sleep apnoea and the brain: a complex relationship - *I. Rosenzweig (UK)*

15.15 Treatment approaches for sleep disturbances in Parkinson disease
A. Videnovic (US)

15.45 Break

16.15-19.15 **WORSHOP 5 *(in parallel)***
NEW DIAGNOSTIC AND TREATMENT APPROACHES FOR SLEEP AND CIRCADIAN DISORDERS IN DEMENTIA
Coordinators: C. Bassetti (CH), C. Baumann (CH)

SATURDAY, 29TH MAY 2021

09.00 General discussion and preparation of the draft for the publication
All attendees

12.00 Closing remarks

WORKSHOPS PARTICIPANTS

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