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**IN COLLABORATION WITH:**



EUROPEAN SLEEP FOUNDATION  
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www.europeansleepfoundation.ch

**LOCAL ORGANIZER**



ANNEMARIE ZAUGG  
Inselspital, 3010 Bern (CH)  
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**PROGRAM**



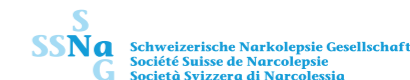
The Swiss Narcolepsy Network (SNaNe)  
and the Swiss Narcolepsy Society (SNaG)

Are happy to invite you to the

**5<sup>TH</sup> SWISS NARCOLEPSY DAY**

**16/01/2020**

**BERN UNIVERSITY HOSPITAL, INSELSPITAL**



## Dear Colleagues

Asleep during the day! A growing number of people suffer severely from daytime sleepiness. In some cases this is caused by a rare and fascinating disorder, which is still underdiagnosed – narcolepsy.

With great pleasure, we invite you to the **5<sup>TH</sup> Swiss Narcolepsy Day** at the Inselspital, University Hospital Bern.

Together with the newly founded Swiss Narcolepsy Network ([www.snane.ch](http://www.snane.ch)) our goal is to find innovative new strategies that support the improvement of the patient's medical care. Narcolepsy is not only rare but also not very well understood yet. A fact, which makes these efforts even more valuable.

We are looking very much forward to hosting the 2020 Swiss Narcolepsy Day in Bern. In addition to the scientific lectures during the day, we will focus on introducing and deepen the topic for a wider audience in the evening.

We are looking forward to seeing you

**PROF. DR. C. BASSETTI**  
Chairman and Head  
Department of Neurology  
University Hospital, Bern

**PROF. DR. J. MATHIS**  
Head Physician  
Sleep-Wake-Epilepsy-Center  
University Hospital, Bern

## THURSDAY, 16<sup>TH</sup> JANUARY 2020

SCIENTIFIC PROGRAM FOR PHYSICIANS AND RESEARCHERS

- 15.45 ☕ *Arrival, Coffee*
- 16.00 Welcome and Introduction - *C. Bassetti*
- CHAIR: M. TAFTI
- 16.10 The autoimmune basis of Narcolepsy - *D. Latorre*
- 16.30 Cerebral Imaging in Narcolepsy - *J. Gool*
- 16.50 Clinical features of pediatric Narcolepsy - *S. Miano*
- 17.10 Rare disorders in Switzerland - *J.M. Nuoffer*
- 17.30 Narrative Review by a Patient - *B. Horn*
- 17.50 Rehabilitation in Narcolepsy - *U. Kallweit*
- 18.10 🍷 *Apéro*

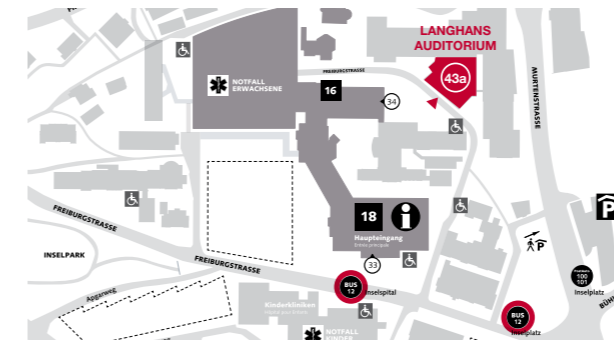
### PUBLIC LECTURE (GERMAN) IN COLLABORATION WITH THE SWISS NARCOLEPSY SOCIETY (SNaG)

- 19.30 Schläfrigkeit oder Müdigkeit, was steckt dahinter, wie kann man behandeln? - *A. Dietmann*

- 20.30 🍷 *Apéro*

## VENUE

UNIVERSITY HOSPITAL, BERN  
SLEEP-WAKE-EPILEPSY-CENTER  
Langhans auditorium (43a)  
Freiburgstrasse 18, 3010 Bern  
[www.schlafmedizin.ch](http://www.schlafmedizin.ch)



## ARRIVAL

🚌 **BY PUBLIC TRANSPORTATION:**  
Bus n° 12 "Holligen", Stop "Inselplatz" or "Inselspital".

🚗 **BY CAR:**  
Leave the highway at "Bern Forsthaus". There is limited parking (subject to a fee) at the "Inseleparking".

## CREDITS

Schweizerische Neurologische Gesellschaft (SNG)  
**2 CREDITS**  
Schweizerische Gesellschaft für Schlafforschung, Schlafmedizin und Chronobiologie (SGSSC)  
**3 CREDITS**

## FACULTY

- |                |                |
|----------------|----------------|
| 🇨🇭 C. Bassetti | 🇩🇪 U. Kallweit |
| A. Dietmann    | 🇧🇪 J. Gool     |
| B. Horn        |                |
| D. Latorre     |                |
| S. Miano       |                |
| J.M. Nuoffer   |                |
| M. Tafti       |                |